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intense, and difficult to control.

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This fear is further galvanized by certain cognitive biases, such as thought-action fusion, inflated responsibility, and failure to control, that set in motion a self-perpetuating cycle of increasing fear of contamination that has, at its core, a faulty overestimation of the likelihood and seriousness of the health threat and the presence of safety responses that prevents exposure to disconfirming evidence.

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Also consistent with our hypothesis, the interaction between contamination fear group and assessment timepoint was

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non-significant in each analysis (all p 's > .10). Fig. 1 graphically depicts scores on measures of contamination fear at each assessment timepoint for participants in each baseline contamination fear group.

The effects of safety behaviors on the fear of ...

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